# NRSW EFMP SPECIAL EDUCATION RESOURCE GUIDE





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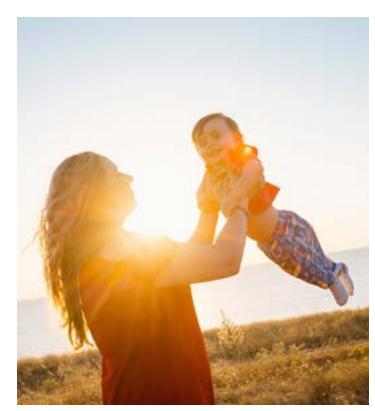
# What is EFMP?

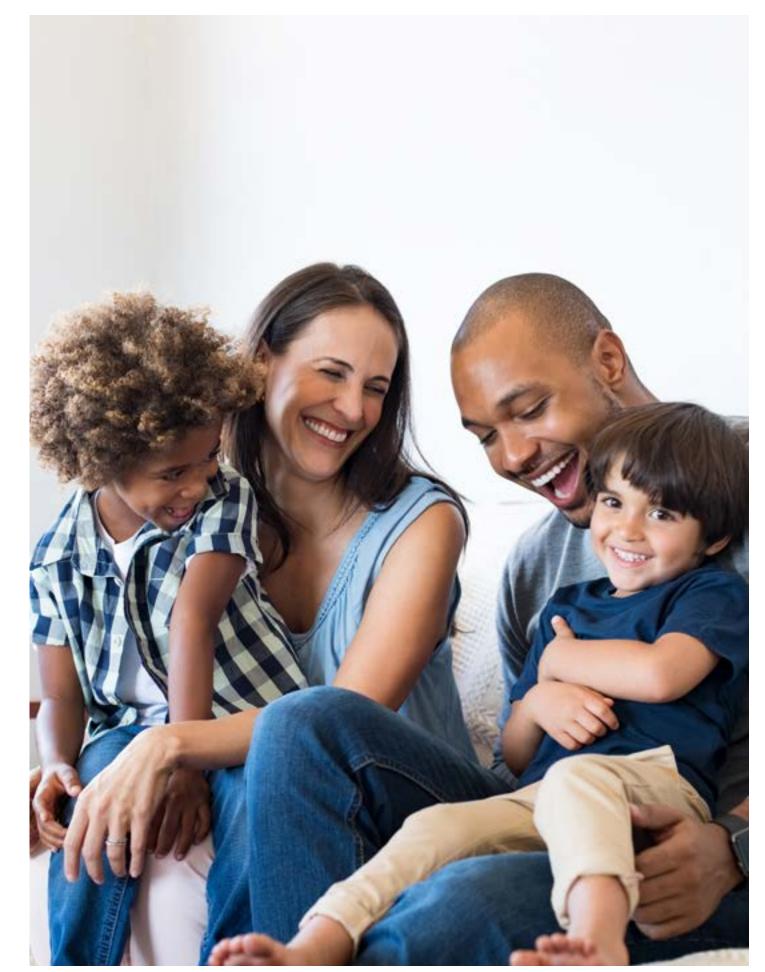
# EXCEPTIONAL FAMILY MEMBER PROGRAM

The Navy's Exceptional Family Member Program (EFMP) serves military families with special needs. The EFMP is a mandatory enrollment program for sponsors with qualifying family members. Enrollment in the EFMP ensures maximum provision of services to the family throughout the sponsor's career.

The Navy's Exceptional Family Member Program (EFMP) assists Navy families with special needs to include:

- Specialized Medical and Dental care
- Developmental requirements
- Special Education requirements
- Accessibility/Adaptive equipment
- Assistive Technology devices and services
- Specific mental health conditions





N EFMP SPECIAL EDUCATION RESOURCE GUIDE

# Parent Organizations and the California Department of Education

The California Department of Education (CDE), Special Education Division, works closely with federal-and-state-funded parent organizations to increase parent participation and collaboration between parents and educators to improve the educational system.

# Parent Training and Information Center

### **Background**

There are seven Parent Training and Information Centers in CA. Each Parent Training and Information Center (PTIC) is a parent-directed non-profit 501(c)(3) organization funded by the U.S. Department of Education, authorized under the Individuals with Disabilities Education Act (IDEA), and often enhanced by private sources. Every state in the United States has a funded PTIC.

IDEA states that PTICs will provide parents of children, ages birth through twenty-six with disabilities, including low-income parents, parents of limited English-proficient children, and parents with disabilities, with the training and information they need to enable them to participate effectively in helping their children with disabilities to:

- Meet developmental and functional goals, and the challenging academic achievement goals that have been established for all children;
- Be prepared to lead productive, independent adult lives, to the maximum extent possible; and
- Provide training and information on parent rights, responsibilities, and protections under IDEA in order to develop the skills necessary to cooperatively and effectively participate in

planning and decision-making relating to early intervention, educational, and transitional services.

# Core Programs

These core programs and services are offered by each of the California PTICs:

#### Workshops which cover:

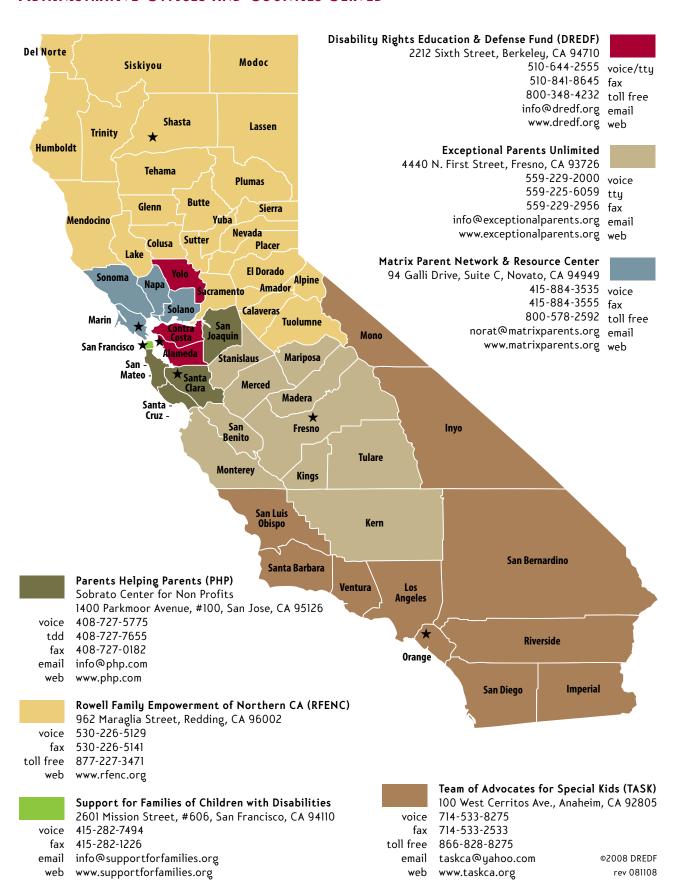
- Disability awareness programs
- Individualized Educational Programs (IEPs)
- Parent and student rights and responsibilities under IDEA
- Parent mentor training
- Transition to public school
- Transition from school to adult life
- Surrogate Parent Appointment and Responsibilities
- Parent-to-Parent Support
- Assistance and Advocacy for educational issues and other services (e.g., Supplemental Security Income (SSI), Respite)
- Support Groups
- Information and Referral
- Resource Library and Information Packets on a variety of topics including different types of disabilities



ORGANIZATION	PHONE	ADDRESS	EMAIL
Exceptional Parents Unlimited	(559) 229-2000 (559) 229-2956 (Fax)	4440 North First Street, Fresno, CA 93726	info@epuchildren.org
Disability Rights and Eduction Defense Fund (DREDF)	(510) 644-2555 (TDD Available) (510) 841-8645 (Fax) (800) 348-4232	3075 Adeline Street, Suite 210, Berkeley, CA 94703	info@dredf.org
Matrix	(415) 884-3535 (415) 884-3555 (Fax) (800) 578-2592	94 Galli Drive, Suite C Novato, CA 94949	info@matrixparents.org
Parents Helping Parents of Santa Clara	(408) 727-5775 (825) 727-5775 (toll free) (408) 286-1116 (Fax)	1400 Parkmoor Avenue, Suite 100 San Jose, CA 95126	info@php.com
Support for Families of Children with Disabilities	(415) 282-7494 (415) 282-1226 (Fax)	1663 Mission Street, Suite 700 San Francisco, CA 94103	jduenas@ supportforfamilies.org info@supportforfamilies. org
Team of Advocates for Special Kids (TASK)	(714) 533-8275 (714) 533-2533 (Fax)	3040 Saturn Street, #3 Brea, CA 92821	taskca@yahoo.com
WarmLine Family Resource Center	(916) 455-9500 (844) 455-9517	2424 Castro Way Sacramento, CA 95818	warmline@warmlinefrc.org



# CA Parent Training and Information (PTI) Centers: Administrative Offices and Counties Served



# **California Community Parent Resource Centers**

### **Background**

The Community Parent Resource Center (CPRC), as described in 20 United States Code 1472, will help ensure that under-served parents of children, ages birth through twenty-six with disabilities, including low income parents, parents of limited English-proficient children, and parents with disabilities, have the training and information the parents need to enable the parents to participate effectively in helping their children with disabilities.

#### **Each CPRC shall:**

- Provide training and information that meets the training and information needs of parents of children with disabilities,
- Carry out the activities required of PTICs, and
- Be designed to meet the specific needs of families who experience significant isolation from available sources of information and support.

For the latest contact information, please visit: <a href="https://www.cde.ca.gov/sp//se/qa/caprntorg.asp">https://www.cde.ca.gov/sp//se/qa/caprntorg.asp</a>



# Senate Bill 511, Family Empowerment Centers

### **Background**

SB 511, enacted as Education Code 56400-56414, established the Family Empowerment Centers (FECs). The FECs provide services to families with children with disabilities ages three to twenty-two. The intent of the legislature is to ensure that parents, guardians, and families of children and young adults with disabilities have access to accurate information, specialized training, and peer-to-peer support. Each FEC is a non-profit 501 (c)(3). Funding for the FECs is based upon a specific formula. A rate of \$150,000.00 is allocated annually to each center to provide the basic services. Additional funding for each FEC is determined according to school enrollment of the region served.

# As a condition of funding each FEC shall do all of the following:

- Provide training and information that meets the needs of the parents and guardians of children and young adults with disabilities;
- Work with community based organizations;



- Provide training and support to parents and guardians of children and young adults with disabilities;
- Participate in decision-making processes and the development of individualized education programs;
- Promote positive parent and professional collaboration with local education agencies, special education local plan areas, and other community agencies; and
- Participate and support surrogate parent training.



### FEC Contact and Service Information

ORGANIZATION	COUNTIES SERVED	CONTACT INFO	ABOUT
Exceptional Family Resource Center (EFRC)	Imperial, San Diego	Address: 9245 Sky Park Court Suite 130 San Diego, CA 92123 Phone: (619) 594-7416	<ul> <li>EFRC strives to empower families by providing emotional support, current information, resources, and strategies to collaborate, communicate and establish positive relationships with schools, service agencies and community</li> <li>Technical assistance includes:</li> </ul>
			Individualized Education Program (IEP) support, CA Early Start Point of Entry: Individualized Family Service Plan, Peer Parent Mentors/Support Groups, Parent Education, Referral Services
Exceptional Parents Unlimited (EPU)	Fresno, Kings	Address: 4440 North First Street Fresno, CA 93726 Phone: (559) 229-2000	<ul> <li>EPU's goal is to connect families with staff members who are parents and family members of a loved one living with a disability</li> <li>Provide parents/families with support, resources, workshops and guidance on special education (IEPs, 504 plans, and any other concerns or questions related to special education)</li> </ul>
			<ul> <li>questions related to special education)</li> <li>Provides assistance and promotes collaboration between parents/ families and professionals through phone calls and meetings in order to best serve the person with special needs</li> </ul>
Family Focus Resource and Empowerment Center	North Los Angeles (San Fernando, Santa Clarita, Antelope Valley)	Address: 18111 Nordhoff Street E-109 Northridge, CA 91330-8265 Phone: (818) 677-6854	<ul> <li>Provides information about disabilities, laws, and services</li> <li>Offers parent to parent support, workshops and support groups</li> <li>Collaborates with community partners</li> <li>IEP training focusing on positive</li> </ul>
			<ul><li>• Cultural humility &amp; respect</li></ul>

# FEC Contact and Service Information (Continued)

ORGANIZATION	COUNTIES SERVED	CONTACT INFO	ABOUT
Family SOUP	Colusa, Sutter, Yuba	Family Soup Facebook Address: 1650 Sierra Avenue Suite 106 Yuba City, CA 95993 Phone: (530) 751-1925	<ul> <li>Serves families with a concern about their child's development, school performance and access, or social-emotional well-being. There are no eligibility or diagnosis requirements for service</li> <li>Provides parent-to-parent support, system navigation and guidance, individual support for parents in school meetings such as IEPs, 504s, and student study teams and attends those meetings on parent request</li> <li>Families learn how to gain access to assessments, early intervention, preschool options, least restrictive environment and inclusion, transition to adult life, behavioral supports and engage in the IEP process</li> <li>Offers Able Riders Therapeutic Horseback Riding program which combines the therapy magic of horses and 4-H Positive Youth Development for our differently abled riders</li> </ul>
H.E.A.R.T.S. Connection Family Resource Center and Empowerment Center	Kern	Address: 200 South Montclair Street Suite A Bakersfield, CA 93309 Phone: (661) 328-9055	<ul> <li>Provides Parent trainings on topics such as: IEP, 504 plans, Transition, Resources</li> <li>IEP Clinics once a month with H.E.A.R.T.S. Connection staff and an advocate</li> <li>IEP/504 plan assistance: Reviewing paperwork, attending IEP if necessary</li> <li>Parent Support Groups, Sibling Events, and an Annual Conference</li> <li>Respects families' cultural, linguistic &amp; socioeconomic diversity</li> </ul>

# FEC Contact and Service Information

ORGANIZATION	COUNTIES SERVED	CONTACT INFO	ABOUT
Matrix Parent Network & Resource Center	Napa, Solano, Sonoma	Address: 94 Galli Drive Suite C Novato, CA 94949-5739 Phone: Main: (415) 475-2121 Helpline: (800) 578-2592	<ul> <li>Empowers families of children with special needs to successfully understand and access the systems that serve them</li> <li>Provides information, special education trainings and support services to families of children with special needs and the professionals who serve them</li> <li>Parent-to-Parent emotional support, Helpline (phone) for resources, information and support, in-person parent meetings, parent support groups, information packets and one-page Help-sheets, IEP toolkits</li> <li>Services delivered in both English and Spanish</li> </ul>
Parents Helping Parents, Inc.	Santa Clara	Address: Sobrato Center for Nonprofits 1400 Parkmoor Avenue Suite 100 San Jose, CA 95126 Phone: (408) 727-5775 x149	<ul> <li>PHP is a parent-directed family resource center, founded in 1976. Our goal is to ensure that families who have children with special needs, especially under-served families have access to information, training, and support they need to be positively and effectively involved in their child's education</li> <li>Services are bilingual/cultural and include trainings on disability issues, assistive technology tool kits, peer support, support and information</li> </ul>
			groups, an active web site that includes online-trainings, information packets, a resource directory, an IEP prep tool and more  • Go to our website to see how PHP can assist you!

# FEC Contact and Service Information (Continued)

ORGANIZATION	COUNTIES SERVED	CONTACT INFO	ABOUT
Parents Helping Parents, Inc.	Santa Clara	Address: Sobrato Center for Nonprofits 1400 Parkmoor Avenue Suite 100 San Jose, CA 95126 Phone: (408) 727-5775 x149	• PHP is a parent-directed family resource center, founded in 1976. Our goal is to ensure that families who have children with special needs, especially under-served families have access to information, training, and support they need to be positively and effectively involved in their child's education.
			<ul> <li>Services are bilingual/cultural and include trainings on disability issues, assistive technology tool kits, peer support, support and information groups, an active web site that includes online-trainings, information packets, a resource directory, an IEP prep tool and more.</li> <li>Go to our website to see how PHP can assist you!</li> </ul>
The Parents' Place Family Resource Center	Los Angeles (San Gabriel Valley, Pomona)	Address: 1500 South Hyacinth Avenue Suite B West Covina, CA 91791 Phone: (626) 919-1091	<ul> <li>Since its inception in 1989, the mission of Parents' Place has been to provide hope and support for families with children with special needs through education and community resources.</li> <li>Provides a Warmline, parent-to-parent support with parent driven support groups, seminars, conferences Information Fair &amp; Festival, Santa Photo Day-Open House, quarterly newsletter, book/video/toy lending library, a Resource Directory, social activities for parents, teens and young adults (and much more!)</li> <li>Offers workshops, trainings, and an after high school IEP-Transition Conference.</li> <li>Collaboration with Community Agencies and Programs</li> <li>FRC Specialist available in 4 languages: English, Spanish, Mandarin/Cantonese, Vietnamese</li> </ul>

# FEC Contact and Service Information

ORGANIZATION	COUNTIES SERVED	CONTACT INFO	ABOUT
Plumas Rural Services, Inc.	Lassen, Modoc, Plumas, Sierra	Address: 711 East Main Street Quincy, CA 95971 Phone: (530) 283-2735 x880 or (530) 708-2557	<ul> <li>Provides information, training, support and advocacy to parents and guardians of children and young adults with any disability • Community outreach and trainings, peer support and caregiver education, empowering parents and guardians through knowledge, skills, and motivation to ensure a greater sense of confidence when advocating for their children and young adults with diverse disabilities.</li> <li>• Dedicated to "improving the quality of life by promoting the health, education, and well-being of local residents and families."</li> <li>• Part of a multi-program agency with services that include: child care resource and referral; subsidized child care; child care food program; family child care network; domestic violence family focus network; women, infant, and children; in-home respite, child abuse treatment, senior connections, Family center on disabilities and ALIVE, a training and support for adults with special needs.</li> </ul>
Rowell Family Empowerment of Northern California (RFENC)	Butte, Glenn, Shasta, Siskiyou, Tehama, Trinity	Address: 3330 Churn Creek Road Suite A-1 Redding, CA 96002 Phone: (530) 226-5129	<ul> <li>RFENC is a parent directed Family Resource Center and Family Empowerment Center.</li> <li>Serves families who have children with special needs ages birth through High School.</li> <li>Supports and guides families as they learn how to successfully navigate the systems that serve them.</li> <li>Provides support, information, and training to families related to special education, and special health care systems. Services include special education trainings, Parent Consultant services, and the dissemination of vetted resources specific to the family's needs.</li> <li>Provides parent leadership training for caregivers as they learn to positively, and effectively advocate for their family, working alongside the service providers for their shildren.</li> </ul>

for their children.

# FEC Contact and Service Information (Continued)

Information Network (SPIN)  Santa Cruz, CA 95063 Phone: (831) 722-2800  Reds of any age, SPIN is a Family Empowerment Center on Disabilities.  Provides parent support and training regarding education and the IEP process for parents of childrages three to twenty-two, offers a parent-mentor program, informational events, support groups for both English and Spanish speaking parents, and networking events.  Educational workshops and training on various topics to educate parents and professionals to better meet and advocate for a divide needs at home, school and in the community including Individualized Educational Plan (IEP) Clinics, offering individual assistance with issues.  Resource Library of books, periodicals, journals, brochures and videos on various special needs topics.  Information on and referral to local resources for children with special needs.  Address:  OCA 94103 Phone: (415) 282-7494  Address:  (415) 282-7494  Santa Cruz, CA 95063 Phone: (831) 722-2800  Provides parents support and training regarding education and the IEP process, navidation and the IEP process, navidation and the IEP community and training on various topics to educate parents and professionals to better meet and advocate for a divide needs at home, school and in the community and interest of children with sissues.  Resource Library of books, periodicals, journals, brochures and videos on various special needs topics.  Information on and referral to local resources for children with sissibilities or special health care of children with slashilities or special health care needs. All services are free to families, professional and the community at large.  Family Resource Specialists are available to assis families and professionals with the information and training or arrives and professionals with the information and training or arrives and professionals with the information and the community at large.  Family Resources special leasth care needs. All services are free to families, professional and the community at large.  Family Sp	ORGANIZATION	COUNTIES SERVED	CONTACT INFO	ABOUT
Support for Families of Children with Disabilities  San Francisco of Children with Disabilities  San Francisco, CA 94103 Phone: (415) 282-7494  Support for Families of Children with Disabilities of Children with Disa	Information Network		P.O. Box 2367 Santa Cruz, CA 95063 Phone:	<ul> <li>needs of any age. SPIN is a Family Empowerment Center on Disabilities.</li> <li>Provides parent support and training regarding education and the IEP process for parents of children ages three to twenty-two, offers a parent-mentor program, informational events, support groups for</li> </ul>
Support for Families of Children with Disabilities  San Francisco of Children with Disabilities  San Francisco, CA 94103 Phone: (415) 282-7494  Workshops are offered on topics related to the IEP process, navigating services and systems, and topics affecting the disability community. We offer Parent Mentor Program that empowers parents to leaders in their communities.  Several support groups are available that focus on the parent's spoken language (Spanish and Cantonese), others focus on disability on Truesday Night Group, Transitioning to Adulthood Families of Adults with Disabilities).  Pamily Special Events occur throughout the year at local museums and attractions, in an effort to break down the isolation for children with disabilities or special health care needs. All services are free to families, professiona and the community at large.  Address:  Address:  Address:  Address:  Address:  Address:  Address:  A parent-run San Francisco-based nonprofit organization founded in 1982 that supports families of children with disabilities or special health care needs. All services are free to families, professiona and the community at large.  Family Resource Specialists are available to assis families and professionals with the information an resources needed to make informed decisions that improve outcomes for children with disabilities.  Workshops are offered on topics related to the IEP process, navigating services and systems, and topics affecting the disability community. We offer Parent Mentor Program that empowers parents to leaders in their communities.  Several support groups are available that focus on the parent's spoken language (Spanish and Cantonese), others focus on disability (Autism, Prader Willi), or child's age (Early Intervention Tuesday Night Group, Transitioning to Adulthood Families of Adults with Disabilities).				networking events.  • Educational workshops and training on various topics to educate parents and professionals to better meet and advocate for a child's needs at home, school and in the community including Individualized Educational Plan (IEP) Clinics,
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of Children with Disabilities  Street Suite 700 San Francisco, CA 94103 Phone: (415) 282-7494  Workshops are offered on topics related to the IEP process, navigating services and systems, and topics affecting the disability community. We offer Parent Mentor Program that empowers parents to leaders in their communities.  Several support groups are available that focus on the parent's spoken language (Spanish and Cantonese), others focus on disability (Autism, Prader Willi), or child's age (Early Intervention Tuesday Night Group, Transitioning to Adulthood Families of Adults with Disabilities).  Framily Special Events occur throughout the year at local museums and attractions, in an effort to break down the isolation felt by many families and professionals with disabilities or special health care needs. All services are free to families or children with disabilities or special health care needs. All services are free to families or eneeds. All services are free to families, professional and the community at large.  Family Resource Specialists are available to assis families and professionals with the information and resources needed to make informed decisions that improve outcomes for children with disabilities.  Workshops are offered on topics related to the IEP process, navigating services and systems, and topics affecting the disability community. We offer Parent Mentor Program that empowers parents to leaders in their communities.  Several support groups are available that focus on the parent's spoken language (Spanish and Cantonese), others focus on disability (Autism, Prader Willi), or child's age (Early Intervention Tuesday Night Group, Transitioning to Adulthood Families of Adults with Disabilities).				
<ul> <li>CA 94103         Phone:         (415) 282-7494</li> <li>Family Resource Specialists are available to assis families and professionals with the information an resources needed to make informed decisions that improve outcomes for children with disabilities.         <ul> <li>Workshops are offered on topics related to the IEP process, navigating services and systems, and topics affecting the disability community. We offer Parent Mentor Program that empowers parents to leaders in their communities.</li> <li>Several support groups are available to assis families in the information an resources needed to make informed decisions that improve outcomes for children with disabilities.</li> <li>Workshops are offered on topics related to the IEP process, navigating services and systems, and topics affecting the disability community. We offer Parent Mentor Program that empowers parents to leaders in their communities.</li> <li>Several support groups are available to assis families on the improve outcomes for children with disabilities.</li> </ul> </li> <li>Family Special Events occur throughout the year at local museums and attractions, in an effort to break down the isolation felt by many families and</li> </ul>	of Children with	San Francisco	1663 Mission Street Suite 700	organization founded in 1982 that supports families of children with disabilities or special health care needs. All services are free to families, professionals
<ul> <li>Workshops are offered on topics related to the IEP process, navigating services and systems, and topics affecting the disability community. We offer Parent Mentor Program that empowers parents to leaders in their communities.</li> <li>Several support groups are available that focus on the parent's spoken language (Spanish and Cantonese), others focus on disability (Autism, Prader Willi), or child's age (Early Intervention Tuesday Night Group, Transitioning to Adulthood Families of Adults with Disabilities).</li> <li>Family Special Events occur throughout the year at local museums and attractions, in an effort to break down the isolation felt by many families and</li> </ul>			CA 94103 Phone:	
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				• Family Special Events occur throughout the year at local museums and attractions, in an effort to break down the isolation felt by many families and

# FEC Contact and Service Information

ORGANIZATION	COUNTIES SERVED	CONTACT INFO	ABOUT
Team of Advocates for Special Kids, Inc.	Orange	Address: 3040 Saturn Street #103 Brea, CA 92821	• TASK educates and empowers people with disabilities and their families to become effective communicators and self-advocates.
		Phone: (714) 533-8275	• Helps families understand the special education process by providing workshops, in-office/telephone IEP consultations, resources, and information about disability laws, rights, and responsibilities.
			• Promotes collaboration between families and schools; helps families to become knowledgeable and full partners in their child's education.
			• Promotes alternative dispute resolution to resolve differences.
			Helps families explore assistive technology options that provide access to a variety of activities including education and communication.
Westside Family Resource Center	West Los Angeles	Address: 5901 Green Valley Circle #320 Culver City, CA 90230-6953 Phone: (310) 258-4063	• Westside Family Resource Center provides support, information, and access to services for families, professionals and teachers, who have/work with children or young adults with a disability, learning needs, chronic illness, or other special health care needs.
			• Creates opportunities for positive parent- professional collaboration, assists families in their understanding of special education services, access in the least restrictive environment.
			• Develops culturally sensitive and language-specific support groups throughout the community to connect and inform families.
			One of the main priorities is to support non- English speaking families in under-served areas and provide support and information to families whose children do NOT qualify for Regional Center services, but do have IEPs.



### **Other State Resources**

#### California Hands & Voices

https://www.cahandsandvoices.org/

California Hands & Voices is dedicated to supporting families with children who are deaf or hard of hearing in a respectful and non-judgmental manner regarding language opportunities, communication tools or educational approaches. This is a parent-driven non-profit organization providing families with the resources, networks, and information to improve communication access and educational outcomes for their children; outreach activities, parent/professional collaboration; and advocacy efforts focused on enabling children who are deaf or hard of hearing to reach their highest potential.

#### Department of Developmental Services: Early Start Family Resource Centers

https://www.dds.ca.gov/services/early-start/family-resource-center/

Families of infants and toddlers, birth to thirtysix months at risk of or with developmental delays and disabilities, can receive parentto-parent support from Early Start Family Resource Centers and Networks.

#### Parent Links

https://www.cde.ca.gov/fg/fo/profile.asp?id=2249 "Hope, Dream, Achieve!"

Parent Links empowers parents of deaf or hard of hearing infants and toddlers by providing them with comprehensive information and awareness through mentoring, networking, and resources, and by honoring the family's relationship with their child and their choices in language and communication opportunities. This program is for families with children identified as deaf or hard of hearing ages birth to 3 years old. Parent Links parent mentors have children who are deaf or hard of hearing. We are here to support, provide information on education and communication opportunities as well as connections to other families. Parent Links is a program of the CDE funded by a federal Maternal and Child Health Bureau grant.



#### Seeds of Partnership

https://www.seedsofpartnership.org/

Seeds of Partnership provides assistance on behalf of the California Department of Education, Special Education Division to support the direction, initiatives, and activities that are a part of the State Performance Plan (SPP) related to the Individuals with Disabilities Education Act (IDEA) indicators. We aim to create or provide avenues and tools to increase improvement of partnerships and provide professional learning resources that will assist local educational agencies seeking to improve their family engagement practices and educational outcomes.

# California Department of Education

https://www.cde.ca.gov/sp/se/

This lists laws, regulations, and policies as well as services and resources available to students with disabilities.

#### Disability Rights California (DRC)

www.disabilityrightsca.org

DRC is a disability rights advocacy group. It published the well regarded Special Education Rights and Responsibilities (SERR) Manual available for free on its website. It covers all areas of special education in California from birth to transition plans.

# Community Alliance for Special Education (CASE)

https://caseadvocacy.org

CASE is a smaller organization in Northern California. It assists DRC with revising the SERR. Note that the copy of SERR on the CASE site is outdated. It has a lot of good information on special education and Covid-19.

# Disability Rights Education and Defense Fund (DREDF)

https://dredf.org/

DREDF offers trainings aimed at parents of children with disabilities. It also practices legal advocacy and policy changes for the benefit of the disabled community. It publishes a parent guide on soedcial education due process.



# Federal and General Resources

Federal Department of Education Office of Special Education Programs (OSEP)

https://sites.ed.gov/idea/ This is the DOE's IDEA splash page where you can access IDEA, opinion documents, and OSEP and OSERS pages.

www.wrightslaw.com The website has articles, checklists, and law updates. It often partners with other groups such as Varsity Tutoring to do special education workshops.

www.understood.org Understood is a non-profit with resources for parents and professional dedicated to those who "think and learn differently." It has a lot of basic information as well as first person accounts of living with various types of disabilities.



#### SAN DIEGO METRO RESOURCES:

San Diego Regional Center: <a href="http://sdrc.org/">http://sdrc.org/</a>

4355 Ruffin Rd # 110 (858) 576-2957

National City: (619) 336-6600 Santee: (619) 596-1000

#### **Exceptional Family Resource Center:**

9245 Sky Park Ct #130 San Diego, CA 92123

http://efrconline.org/advocacy/

San Diego: 619.594.7416 Imperial: (760)355-0547

#### **Family Resource Center, TASK:**

(866) 828-8276; task@taskca.org

http://www.taskca.org

#### **LEMOORE**

#### **Family Resource Centers**

#### **UCP of Central California**

Parent & Me/Early Intervention/Community Kids/ Family Resource & Empowerment Center -Kings County

606 W Sixth St.

Hanford, CA 93230

(559) 584-1551

\*\*The Empowerment Center has advocates trained in special education law and provides support and advocacy to parents.

#### **Exceptional Parents Unlimited**

epuchildren.org 4440 North First Street Fresno, California 93726 (559) 229-2000

#### **Parenting Network**

parentingnetwork.org 330 N. Johnson St. Visalia, CA 93291 (559) 625-0384

#### **CUSD Family Resource Center**

965 N. Sunnyside Ave. Clovis, CA 93611 (559) 327-8454

#### **REGIONAL CENTER**

Central Valley Regional Center

https://www.cvrc.org/

#### PARENT GROUPS

Special Needs Support Group of Kings County <a href="https://www.facebook.com/Special-Needs-Support-Group-of-Kings-County-438286589936012">https://www.facebook.com/Special-Needs-Support-Group-of-Kings-County-438286589936012</a>



#### **TACA (Talk About Curing Autism)**

https://tacanow.org/local-chapters/west/california/central/SCHOOLS

#### **VENTURA**

**Ventura County SELPA** - provides information and support to families of children with disabilities so that they can be informed partners in the educational process of their children

5100 Adolfo Road, Camarillo, CA 93012 |

Phone: (805) 437-1560 E-mail: <u>rreed@vcoe.org</u>

#### **Rainbow Connection Family Resource Center-**

Local resources for families of children with special needs

http://rainbowconnectionfrc.weebly.com

**Tri-Counties Regional Center** - Public agency serving people with developmental disabilities <a href="https://www.tri-counties.org">https://www.tri-counties.org</a>

**Pause4kids** – Scholarships, education & support for children with special needs in Ventura County and nearby communities

600 Hampshire Rd. Suite 211 Westlake Village, CA 91361

Phone: (805) 497-9596 info@pause4kids.org

Autism Society Ventura County – Supports individuals with Autism and their families with resources and referrals in the Ventura County community. A chapter of the Autism Society of America <a href="https://www.Autism-Society.org">www.Autism-Society.org</a>

Deaf Education and Family Project – Empowers families with children who are Deaf or Hard of Hearing (DHH), connecting them with the most effective services and the greatest educational opportunities <a href="http://www.csun.edu/~deafproject/">http://www.csun.edu/~deafproject/</a>

#### **CHINA LAKE**

#### **Family Resource Centers**

#### **Positive Behavior Resource**

http://www.pent.ca.gov/

TEAM PBS-providing ABA services since 2007 www.TeamPBS.com

#### **Autism Resources**

Autism Spectrum Disorder Resource <a href="http://www.captain.ca.gov/">http://www.captain.ca.gov/</a>

#### **Operation Autism**

https://operationautism.org

#### **Ridgecrest Autism Awareness**

135 Balsam Street Ridgecrest, CA 93555 raaorg.org

#### **Other China Lake Resources**

#### Sierra Sands Unified School District-SELPA

https://www.cde.ca.gov/sp/se/as/caselpas.asp Sara Woodridge (760)499-1702 swoodridge@ssusd.org

#### **Kern Regional Center-for the Developmentally**

Disabled, KRC. (Satellite Office) 825 N Downs Street Suite D Ridgecrest, CA 93555 (760)375-9512 www.kernrc.org

#### **Oasis Center-Family Resource Center**

Community Action Partnership of Kern (capK) 814 North Norma Street Ridgecrest, CA 93555 (760)248-3221 Ext. 7160

#### Ridgecrest CSU (Crisis Stabilization Unit) 24/7-for those experiencing emotional distress

1141 Chelsea St. Ridgecrest, CA 93555 (760)463-2880 Main

#### **MONTEREY**

#### **Parent Resource Center**

Matrix Parents: https://www.matrixparents.org/

#### FALLON, NV

#### **Family Resource Centers**

#### **Churchill County Social Services**

485 West B Street Fallon, NV 89406

Phone: (775) 423-6695 Fax: (775) 423-8057 Website:

https://nv-churchillcounty.civicplus.com/171/Social-Services

#### **Lyon County Human Services**

620 Lake Avenue Silver Springs, NV 89429 Phone: (775) 577-5009 Fax: (775) 577-5093 Website: https://www.lyon-county.org/838/6684/ Family-Support-Program

#### Nevada PEP Satellite Reno/Sparks Office

4600 Kietzke Lane, I-202 Reno, Nevada 89502 Phone: (775) 448-9950 FAX: (775) 448-9603 Statewide: 1-800-216-5188 Website: https://nvpep.org/

# **Legal Aid of Southern Nevada -** <a href="https://www.lacsn.org/practice-areas/childrens-attorneys-project/">https://www.lacsn.org/practice-areas/childrens-attorneys-project/</a>

education-advocacy-program Legal Aid offers an education advocacy program that provides advice, training, advocacy, and legal representation in Special Education to those involved in the education of children with disabilities."

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